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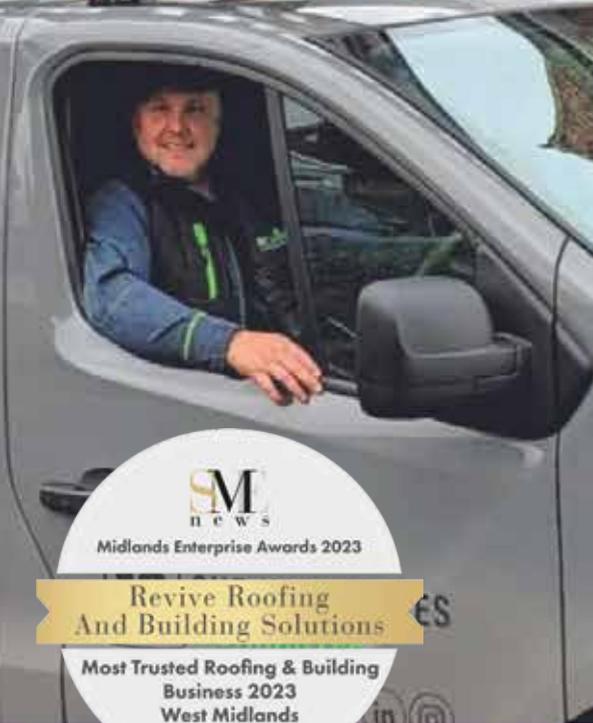
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Holidays!

Welcome to the August edition

For those of you that aren't jetting off overseas this Summer, there's lots of great things happening locally, including tribute acts and beer festivals.

Check out the local event guide on page 6 to see what takes your fancy. Whether you're staying locally or exploring Europe or further afield, this Summer, have a great month and make the most of the weather and the Summer holidays, while they last!



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community events

The 3 Lions Beer & Cider Festival

6 & 7 September 12noon -

11pm, Shirley British Legion

Entry is £10 which includes a souvenir beer glass, tasting notes for all the beer and cider, £5 worth of beer/cider tokens, and live entertainment from Ray's Open Mic Night. Tickets can be obtained from the Legion or at www.shirleylions.co.uk/events/beerfestival.html

Circus & Storytelling Workshop

27 August, Core Theatre Solihull

Join circus artist and storyteller Gaby for an exciting day of circus skills and stories. You'll even get to make your own piece of circus kit to take home. Don't miss out,



the circus is only in town for one day! For ages 7 to 13. Tickets £30 from www.thecoretheatresolihull.co.uk

"The Supremettes" tribute to Diana Ross & The Supremes

31 August, The Lake at Barston
Among others The Supremes

had number ones with "Baby Love", "Stop! in the name of love", "Come see about me", "Ain't no mountain high enough" and "You can't hurry love". Tickets £33 per person, or £28 in the Annexe, which includes a 3 course Dinner, Entertainment and late bar. Ticket price show only - £10 per person. Call 01675 444890 to book.



Hits Radio Live

22 November, Resorts World Arena

Hits Radio Live is back in 2024 for an incredible night of performances from your favourite hits and throwback artists. Previous Hits Live shows have included Lewis Capaldi, Rita Ora, Tom Grennan, Anne Marie, Craig David, James Arthur, Becky Hill, Busted and many more! Tickets from www.resortsworldarena.co.uk



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Getting your affairs in order

It's easy to think "I'll sort it later", but it's crucial your loved ones aren't left in lurch should the unthinkable happen. Hannah Tait, partner at Shakespeare Martineau in Solihull, explains what you should prioritise to ensure your affairs are in order.

Will

Your will is the cornerstone of your succession planning and ensures those you trust are in control when you die. Your will ensures your assets pass to your chosen beneficiaries and family members and guarantees, subject to changes in legislation and circumstances, that this happens in the most practical and tax-efficient way to protect your loved ones and assets in the future.

It is important to keep this up to date, particularly if you get married, divorced or have children. Ideally, you should review your Will every few years.

Lasting powers of attorney (LPAs)

Save in the case of minor children, no individual has the ability to make decisions on behalf of another without being legally appointed as their attorney under a LPA or as a court-appointed deputy.

Your attorneys are nominated individuals – such as a professional, family member or friend – you appoint to make decisions relating to your financial affairs and health and welfare on your behalf, if you become unable to do so yourself due to mental incapacity.

A deputy is appointed by the Court of Protection. This can be a long process, so it is best to be prepared and put in place and crucially, register LPAs before the long-winded deputy route is your family's only option.

Consider how your property is held

If you own your home with someone else, the property can be held as joint tenants or tenants in common. Where property is held as joint tenants, on the death of one owner, the property passes automatically to the other by survivorship – regardless of the provisions of that person's will. Many family homes are held as joint tenants as this is often seen as the "default" for couples, but this may not be suitable for you if you want your share to pass to children, for example or into a Trust for asset protection reasons. Where property is held as tenants in common and one person dies, the share belonging to them passes in accordance with the terms of their will. If they don't have a will, it will pass via the intestacy rules to potentially unwanted beneficiaries, such as a family member rather than your partner (if you're unmarried).



For more information call 0330 024 0333
email hannah.tait@shma.co.uk or visit www.shma.co.uk

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The Benefits of an Autism Assessment: Unlocking Potential and Providing Support.

For those with autism (ASD), the world can feel out of sync. Difficulties interpreting relationships, maintaining conversations or understanding social norms can lead to feeling isolated or frustrated. Without a clear insight into their experiences, a young person can internalise negative feelings and hold critical beliefs they are 'weird' or 'different'.

The journey to seek an ASD assessment can feel daunting and filled with uncertainty. Parents can feel understandable worries about being faced by stigma, yet living

with undiagnosed ASD can be a challenging and often confusing experience. Diagnosis can provide a framework for your child to understand their unique experiences and develop strategies to navigate the world.

The value of an ASD assessment goes beyond a diagnosis. It can be a pivotal moment filled with a mix of relief, confusion and questions about the future. Post-assessment support can provide a young person with the opportunity to understand and build an insight into ASD, provide resources and strategies to navigate the world

and their emotional wellbeing.

Here at the Purple House Clinic, we recognise the value of a neurodevelopmental assessment and supporting someone to compassionately understand themselves. We offer comprehensive assessments delivered by a multi-disciplinary team that meets NICE 'gold standard'. The team, comprised of clinical psychologists, speech and language therapists, and occupational therapists supports children and their families every step of the way through the assessment and post-assessment therapies.



Mental Health & Neurodiversity Services

At the Purple House Clinic we understand that psychological health is as important as physical health. We believe that everybody deserves to be happy and fulfilled in life, and we are committed to helping people overcome, or adapt to, life's challenges.

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- Occupational Therapy
- Sensory Assessment



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Mindbenders

Can you find the hidden phrases?



TTTT WINKS

much much
young young

answers on page 18

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- Do you need a pre nuptial or post nuptial agreement to protect assets?
- Are you moving in with your partner and need a cohabitation agreement?

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What to Do If Your A-Level Grades Are Poor

Receiving disappointing A-level results can be a stressful, disheartening experience, but it's important to remember that it's not the end of the world. Here are some steps to help you navigate this challenging time:

1. Stay Calm and Seek Support

First, take a deep breath. It's crucial to remain calm and composed. Talk to family, friends, and teachers about your results. They can offer valuable support and perspective during this time.

2. Review Your Options

Visit the UCAS website to explore Clearing. Clearing

allows you to apply for courses that still have vacancies. Many universities offer great courses through this system.

3. Contact Universities

If you missed your firm or insurance offers, don't hesitate to contact the admissions departments directly. They may still accept you, particularly if you were only marginally off the required grades or have relevant experience that could make you a valuable candidate.

4. Consider Re-marks and Resits

If you believe there's been a mistake with your grades, speak to your school about the

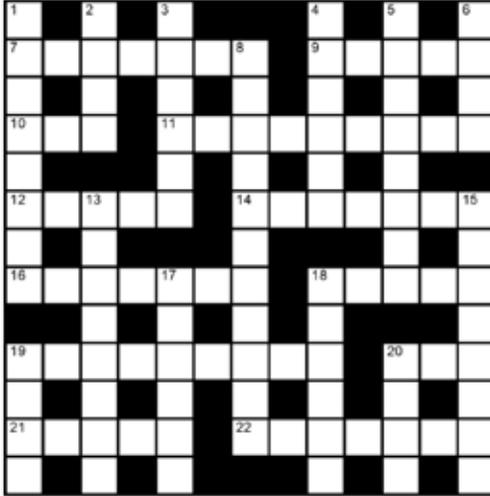
possibility of getting your papers re-marked. Additionally, resitting exams is another option.

5. Explore Alternative Paths

Look into alternative qualifications, apprenticeships, or vocational courses. These can offer practical skills and experience that are highly valued in the job market. Taking a gap year to gain work experience or travel can also be beneficial and give you time to reassess your options.

Remember, many successful people faced setbacks during their education. Use this experience as an opportunity to explore new avenues and grow stronger in your career journey.

crossword



clues

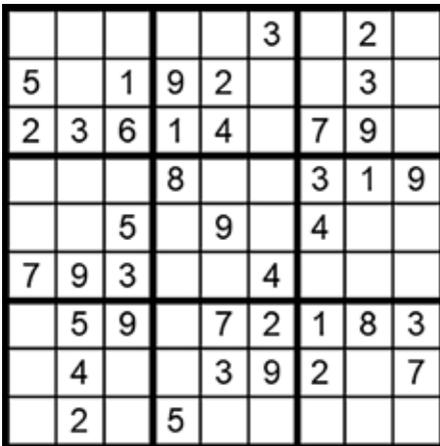
Across

- 7 Voted in, chosen (7)
- 9 Concepts, notions (5)
- 10 Affirmative response (3)
- 11 Outward Behaviour (9)
- 12 Denigrate, exploit (5)
- 14 Enlightened, tolerant (7)
- 16 Analyses, observes (7)
- 18 Stick, cudgel (5)
- 19 Mobilising troops (9)
- 20 Blockade, stopper (3)
- 21 Bamboo-eating bear-like animal (3)
- 22 Ice river (7)

Down

- 1 A decade (3,5)
- 2 Chaos, disarray (4)
- 3 Filling, cloying food (6)
- 4 Baking soda (abbr) (6)
- 5 Not a Republican! (U.S) (8)
- 6 Russian emperor (4)
- 8 Destroying, breaking (11)
- 13 Supplanting (8)
- 15 Monument, feature (8)
- 17 Line joining points of equal atmospheric pressure on a weather map (6)
- 18 Tramp, drifter (6)
- 19 Drug, sedate (4)
- 20 Trickle, plop (4)

answer on page 18



how to play sudoku

It's simple!

Fill in the grid so that each row, column and 3x3 box, contains the numbers 1 through to 9 with no repetition. You don't need to be a genius. These puzzles use logic alone. Watch out! Sudoku is highly addictive.

answer on page 18



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local police contact for solihull

Solihull Police Station: 0845 113 5000 or 101

Shirley Lions Club 0345 833 9547

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NHS non-emergency 111

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Northbrook Group Practice 0121 746 5000

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Councillor surgeries

These are face-to-face meetings held by councillors for local people to raise issues in their area.

Held at The Core Library, Solihull on the first and last Saturday of the month, 10am - 12 noon.

Solution to Mind benders

1. The dark side of the moon
2. Forty winks
3. Too much, too young

midbenders

from page 11



Crossword Solution

from page 14

9	8	4	7	6	3	5	2	1
5	7	1	9	2	8	6	3	4
2	3	6	1	4	5	7	9	8
4	6	2	8	5	7	3	1	9
8	1	5	3	9	6	4	7	2
7	9	3	2	1	4	8	6	5
6	5	9	4	7	2	1	8	3
1	4	8	6	3	9	2	5	7
3	2	7	5	8	1	9	4	6

Sudoku Solution

from page 14

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